

# friends of Lenzie Moss

## Activities on Lenzie Moss - 2011

### **Walk - Auchinloch to Boghead via Lenzie Moss**

**Wednesday 6 April 11.20am**

Get out and about, enjoy the fresh air, improve your health and meet the Friends of Lenzie Moss on this Ranger led walk. This walk is about 1 hour long and follows mainly level established paths.

Return transport is available between Auchinloch and Lennoxton.

**Booking essential** 0141 956 6586 or rangers@mugdock.org. **Free**

### **Evening Song**

**Thursday 5th May 7.00pm-8.30pm**

If getting up really early to hear the dawn chorus isn't for you then this might be! Join a local bird expert and the Friends of Lenzie Moss to wander round Lenzie Moss and hear the birds singing loud and clear.

A level walk in lovely surroundings; everyone welcome.

Join at the Moss end of Lenzie Station car park (north side).

**Free. Wheelchair accessible**

### **Then and Now on Lenzie Moss**

**Tuesday 7 June 7pm-8.30pm**

Enjoy an evening walk round the lovely Lenzie Moss and find out more about its past history, present management and plentiful wildlife.

Join at the Moss end of Lenzie Station car park (north side). **Free**

### **Dragonfly ID day**

**Sunday 10 July 10am-12.30pm and 1.30pm-4pm**

Join Jonathan Willet from the British Dragonfly Society to find out how many dragonfly species live on Lenzie Moss. Learn how to identify larvae in the pools and adults on the wing. One not to be missed .

**Booking essential** 0141 956 6586 or rangers@mugdock.org. **Free**

## **Family Fun! - Creepy Crawlies and Conservation**

**Tuesday 2 August 1pm – 2.30pm**

Parents get your hands dirty with a taster in practical conservation work while your children have a fun time hunting for minibeasts nearby with a Ranger. Meet at the Moss end of Lenzie Railway Station car park (north side) and follow the signs. Turn up and join in anytime. All children must be accompanied by an adult. **Free.**

## **Fungal Foray**

**Sunday 25 September 2pm-3.30pm**

Find out about mushrooms and fungi that pop up around this time of year. Marvel at their different colours and shapes as we rustle for Russulas, burrow for Boletus and wander for Waxcaps on this autumnal walk. Meet the Friends of Lenzie Moss and the Ranger at the Moss end of Lenzie Railway Station carpark (north side). **Free**

## **Build a Birch Broom – Harry Potter Style!**

**Friday 14 October 1.30pm – 3.30pm**

Birch trees are being removed from Lenzie Moss to help the bog areas become boggy again. So let's put the birch to good use and make a broom for sweeping leaves or for transporting you to Hogwarts School of Witchcraft & Wizardry. Join in anytime; the Ranger Service and Friends of Lenzie Moss will be there to assist you. Follow the signs from the Moss end of Lenzie Railway Station car park (north side). **Free**

## **Lenzie Moss Conservation Volunteers**

**Saturdays 19 March, 8 October, 12 November, 3 December**

**10.45am – 2.30pm**

Have fun, get fit, enjoy a day out in the fresh air. The Ranger Service need help to restore this rare raised bog and bring back the plants and animals that used to live here. Wear old clothes, wellies or strong footwear and waterproofs if you have them. Bring a packed lunch if you plan to stay all day. Join in anytime. Follow the signs from the end of Lenzie Railway Station car park (north side). Children must be accompanied by an adult. **Free**

**More information on Lenzie Moss is available on our website:**

[www.friendsoflenziemoss.org.uk](http://www.friendsoflenziemoss.org.uk)

**More information on Ranger led activities can be found on:**

[www.mugdock-country-park.org.uk](http://www.mugdock-country-park.org.uk)



**Lenzie Moss - Experience nature on your doorstep**